

# National Workshop on Nutritional Transition: *An Emerging Public Health Issue in India*



10<sup>th</sup> & 11<sup>th</sup> March 2017



**Organized by**

Department of Community Medicine, North Eastern Indira  
Gandhi Regional Institute of Health & Medical Sciences  
(NEIGRIHMS), Shillong  
(An Autonomous Institute under Ministry of Health & Family Welfare, Govt of India,  
Mawdiangdiang, Shillong, Meghalaya-793018)

**Partners**

Indian Council of Medical Research

**Venue**

Auditorium, NEIGRIHMS, Shillong



*Dear friends,*

Community Medicine Department, North Eastern Indira Gandhi Regional Institute of Health & Medical Sciences (NEIGRIHMS), Shillong feels privileged to cordially invite you to the workshop on – “*Nutritional Transition: An Emerging Public Health Issue in India*” to be held at the beautiful campus of NEIGRIHMS, Shillong from 10<sup>th</sup> to 11<sup>th</sup> March 2017.

Shillong-the “Scotland of the East”, is the capital city of Meghalaya which is known for its breathtaking natural beauty. The weather in general during this period is very pleasant at Shillong and the organizing committee promises you that the workshop will be an academic feast in presence of eminent faculties of national & international repute as resource persons. This is my sincere request to all of you to registrar as early as possible. We promise a memorable hospitality during the workshop.

**About the workshop:** India is facing a complex public health situation of a double burden of diseases due to persisting problems of infectious diseases and emerging epidemic of chronic noncommunicable diseases (NCD). The noncommunicable diseases (NCD) are gradually replacing infectious diseases as the leading causes of mortality and morbidity in the country. One of the major drivers of the emerging epidemic of NCDs such as diabetes, stroke, cardiovascular diseases is inextricably linked to the nutritional transition gradually occurring in the country due to shift of dietary pattern in the population. Concurrently, overnutrition and diet related chronic NCDs start soaring in the country. The intention of organizing this workshop is not only to sensitize health professionals about nutritional transition, but also to apprise and discuss various critical issues related to nutritional transitions and nutritional related NCDs. Eminent speakers of national and international repute have agreed to act as the resource person in the workshop. The major objectives of the workshop will be

1. To explain & acquaint medical, nursing and public health professionals about nutritional transition and its relationship to epidemiological transition.
2. To apprise current nutritional situation in India
3. To discuss nutritional and epidemiological transition in Indian context
4. To discuss links between nutrition and major NCDs and metabolic disorders
5. To apprise & discuss about public health initiatives for surveillance, prevention and control of diet related NCDs

**Participants:** Faculties of medical college, public health specialists, nursing faculties, doctors, clinicians, post graduate medical students and professionals of other allied subjects

**Last date of registration:** 30<sup>th</sup> February 2017

**Scientific paper session:** Participants are also requested to submit abstracts within 250 words (Introduction, Methods, Results & Conclusions) on the subject relevant to this workshop within 20<sup>th</sup> February 2017 by mail to [bhimashre@yahoo.co.in](mailto:bhimashre@yahoo.co.in). 10 best papers will be selected for the scientific session of the workshop.

**Dr. Himashree Bhattacharyya**

Organizing Secretary

**Dr. Star Pala**

Co-chairman

**Dr. G.K.Medhi**

Chairman

## **ORGANISING COMMITTEE**

**CHIEF PATRON:** Prof P. Bhattacharyya, Director, NEIGRIHMS

**PATRON:** Prof Vandana Raphael, Dean, NEIGRIHMS.

**ADVISORS:** *Prof. A .C. Phukan*, Medical Superintendent, NEIGRIHMS

*Prof. Animesh Mishra*, Professor & HOD, Cardiology

*Prof. P.K Bhattacharya*, Professor & HOD, General Medicine

**ORGANIZING CHAIRMAN:** Prof G.K. Medhi, Prof & HOD, Community Medicine,

**CO-CHAIRMAN:** Dr. Star Pala, Assoc Prof of Community Medicine

**ORGANIZING SECRETARY:** Dr Himashree Bhattacharyya, Asst Prof of Community Medicine.

## **SCIENTIFIC COMMITTEE**

Dr. Alice A. Ruram

Dr Himesh Barman

Dr. M. Hussain

Dr. Amrita Sarkar

Dr. Pallavi Boro

## **ACCOMMODATION AND TRANSPORT COMMITTEE**

Dr. Kaushik Talukdar

Dr. N. Suokhrie

Wallambok Lynrah

## **FOOD & RECEPTION COMMITTEE**

Dr. S. Rath

Ophelia Mary Kharmujai

Sandhyamoni Gogoi

Dharpal Roy

Kerry Myrthong

Wanda Khongjee

**PROGRAM HIGHLIGHTS:**

**Lectures Eminent Speakers on:-**

1. Overview on Nutritional Transition
2. Nutritional Transition & Emerging NCD Epidemic in India
3. Undernutrition- the unfinished agenda.

**Panel Discussion on**

- Nutritional Situation in India
- Childhood Obesity
- Early onset of NCD's

Venue: Lecture Theatre-1

NEIGRIHMS.

Registration fees:500/-

**Last date of registration:** 28<sup>th</sup> February 2017

For accommodation, please contact:

Dr. K Talukdar:08486368910

Dr. W Lynrah: 08794882536

Hotel Blue mount is just opposite NEIGRIHMS (range 900-2000)

Contact Nos:

Dr. G. K. Medhi : 9435334727

Dr. Star Pala : 9856624412

Dr. H. Bhattacharyya : 9436985886