

PROGRAMME
REGIONAL CME CUM WORKSHOP ON JOINT DISEASES, ARTHRITIS &
TISSUE ENGINEERING

Date: 2nd February 2018	
08.30 AM	Registration : CME
Session : I	Chairman: Dr. A. C. Bhardwajan Co-Chairman: Dr. Chinmoy Das
08:45-9.00	Treatment of Rheumatoid arthritis Dr. Bhupen Barman, Assoc. Prof. General Medicine, NEIGRIHMS
9.00-9.45	KEYNOTE ADDRESS : Overview of tissue engineering & guided tissue regeneration: Dr. Biman Mandal, Chief, Tissue Engineering Lab, IIT Guwahati
No Break	Tea will be made available in the nearby desk
09.45-10.00	Arthritis as an Emerging public health problem: Dr. Bhaskar Borgohain, Assoc. Prof. Orthopaedics, NEIGRIHMS
10.00-10.15	Basics of Rehabilitation engineering & gait analysis in arthritis: Dr. Dinesh Bhatia, HOD Biomedical Engineering, NEHU
10.15-10.30	Osteoarthritis: An overview Dr. Tashi G Khonglah, Asst. Prof. Orthopaedics, NEIGRIHMS
10.30-10.45	Gouty Arthritis: A Medieval Disease- What has changed Dr. Monaliza Lyngdoh, Asst. Prof. General Medicine, NEIGRIHMS
10.45-11.00	Cartilage regeneration- Myth or Reality: Dr. Chetan Kabra, International Apollo Hospital, Guwahati
11.00-11.30	Inauguration Ceremony Felicitation and Welcoming of Guests. Welcome song – Students of B.Sc Nursing Welcome speech: Organising Chairman - Dr. Bhaskar Borgohain Release of Souvenir by Special Guests: Prof. P.K. Goswami, Director, NEIAH & Prof. A.C. Phukan Dean (Academic) NEIGRIHMS Speech by Guest of Honour: Prof. (Dr.) D.M. Thappa, Director, NEIGRIHMS Speech by Chief Guest: Sri. Y. Tsering IAS, Chief Secretary, Govt. of Meghalaya. Vote of Thanks: Organising Secretary – Dr. Tashi G. Khonglah
11.30-11.45	TEA BREAK: HIGH TEA Venue: Exam Hall (Dignitaries in Ground floor, Resource person & Delegates in First floor)
Session : II	Chairman: Dr. D.S. Sethi Co-Chairman: Dr Nilim Deka, Dr Kallol Bhuyan
11.45-12.00	Approach to enteropathy associated arthritis : Dr. K.G. Lynrah, Assoc. Prof. General Medicine, NEIGRIHMS
12.00 -12.15	Rheumatological aspects of Diabetes Mellitus: Dr. D.S. Sethi, Chief, Hope Clinic
12.15-13.00	<u>Group Discussion</u> Rheumatoid arthritis – Diagnosis, extra articular manifestations, treatment, DMARDS therapy, Biologics & the Role of Surgery Chairmen: Dr. E. K. Singh, Chief, Kamber Clinic, Shillong & Prof S.Lahkar , Dibrugarh Co-Chair: Dr. D. S Sethi , Dr. Chimnoy Das (Faculty, Tezpur Medical College), Panelist: Dr. Chetan Kabra, Dr. Monaliza, Dr. Bhupen Barman, Dr. Abhishek Bhattacharya Opinion Leaders: Orthopaedics: Dr. Nilim Deka (Guwahati), Dr. Kallol Bhuyan (Tezpur) Radiologist: Prof (Dr).C. Daniala, Dr. Akash Handique & Dr. Barun Sharma (Assoc. Professors), Ophthalmology: Dr. T. Natung (Assoc. Prof.), Dr. B. Nongrum (Assoc. Prof) NEIGRIHMS Dermatology: Dr. Anita Marak (Assistant Professor) NEIGRIHMS

1300-13.30	LUNCH BREAK: Venue: Exam Hall
Session III	Chairman: Dr. P.K Bhattacharya Co-Chairman: Dr. W. Sutnga, Dr. N.P. Laloo
13.30-13.45	Biologics in the treatment of Ankylosing Spondylitis Dr. Santosh Kr. Mandal, Rheumatologist, Rabindranath Tagore International Institute of Cardiac Sciences, Kolkata
13.45-14.00	Total Knee Replacement in Advanced Arthritis Dr. Bhaskar Borgohain, Assoc. Prof. Orthopaedics, NEIGRIHMS
14.00-14.15	Diagnosis & Treatment of Fibromyalgia: Dr. S. Agarwal Assoc. Prof. Orthopaedics, NEIGRIHMS
14.15-14.30	Ayurveda/Phanchakarma for arthritis: Dr. Abhishek Bhattacharya, NEIAH
14.30-14.45	Yoga in Arthritic conditions: Dr. Rituparna Barooah, Assoc. Prof. Physiology, NEIGRIHMS
14.45-15.00	REGISTRATION: WORKSHOP TEA BREAK and CME Certificate distribution
15.00-15.45	Workshop A: LT-I <ul style="list-style-type: none"> ➤ Case discussion: Dr. Chimnoy Das/ Dr. Dukhum Magu ➤ Knee Aspiration Technique: Dr. Kashif Ahmed ➤ X-Ray interpretation: NEIGRIHMS Radiologists/Dr. Tobu Pertin Workshop B: Exam Hall (Ground level) <ul style="list-style-type: none"> ➤ Intra- articular techniques of Injection: Dr. Wanlam Khongwir ➤ Synovial Fluid Analysis: Dr. Wanlam Khongwir ➤ Kinesio taping in periarticular sport injury: Mr. J.P. Darjee ➤ Medicinal Plants in Arthritis: Poster briefing by Dr. Binay Sen
15.45-16.00	Valedictory function / Certificate collection
For Registration, contact -	email: jppt@rediffmail.com (9436337927) email: tashigalen@gmail.com (9485030389) email: bhaskarborg@gmail.com (9436706397)