

Nutritional Transition in India: The Public Health Issues

The two day National Workshop on “Nutritional Transition in India: The Public Health Issues” organized by the department of Community Medicine, NEIGRIHMS was held on 10-11 March 2017 in collaboration with UNICEF and ICMR.

The welcome speech was delivered by Dr. Star Pala followed by address by Prof. F Ahmed, Ex-Director NEIGRIHMS. The guest of honor Dr. Tushar Rane, Chief of Field Office, UNICEF Assam deliberated on the important of good nutrition during the initial 1000 days of life (from conception to 2 years of life) where 75% of brain development happens. Shri. David T Umdor, Deputy Director, NEIGRIHMS also spoke on the function with encouraging words for such workshop which is very important in present day context.

The chief guest Prof. Vandana Raphael, Dean NEIGRIHMS told about the important of Nutrition in health. Vote of thanks was delivered by Dr. Himashree Bhattacharyya, Assistant Professor of Community Medicine.

Prof. GK Medhi, Organizing Chairperson delivered the aims and Objective of the Workshop and also the relevance of having this kind of Workshop as NCD's are increasing globally and especially middle and low income countries.

The following Resource Persons made an in-depth deliberation in these two days workshop

- ✓ Prof. Umesh Kapil, Dept. of Nutrition, AIIMS, New Delhi
- ✓ Prof. Ranjit Nath, Dept. of Cardiology , Dr. Ram Manohar Lohia Hospital & PGIMER, New Delhi
- ✓ Prof. PK Bhattacharyya, Dept. of General Medicine, NEIGRIHMS, Shillong
- ✓ Dr. Avula Laxamaiah, Scientist F, NIN (ICMR), Hyderabad
- ✓ Prof. Kailash Bhattacharjee, Dept. of Biochemistry, GMCH, Guwahati
- ✓ Dr. Rashna Das, Pediatrics, Guwahati
- ✓ Dr. Star Pala, Associate Professor of Community Medicine, NEIGRIHMS

Panel Discussion was also held on integrated Public Health Education of Nutrition.

Participants were from different Medical colleges of North East India and also from Nursing College, Universities/ Home Sciences had attended the workshop.